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Liz Hall is the author of Surviving Child Sexual Abuse (3.67 avg rating, 6 ratings, 1 review, published 1989), Mindful Coaching (4.33 avg rating, 6 ratin

## **About liz hall | liz hall coaching**

Liz Hall has been the editor of Coaching Liz presented her research on Mindfulness in Coaching at I am particularly interested in what mindful practice can

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Liz Hall is the editor and co-owner of the author of Mindful Coaching Liz has run mindfulness CPD events for organisations including the European

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Liz Hall Coaching & Mindful Coaching. practice mindfulness regularly and I've completed the 2 year Foundation of Buddhist Thought course, Elizabeth Hall.

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Pamela Major CPCC, ACC. Head of Coaching, Mindfulness at Work. A professional certified coach and a member of the International Coach Federation, Pamela runs her

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I already had an established mindfulness practice but it took some Liz Hall is a Senior Practitioner coach, and runs Mindful Coaching programs for

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Liz Hall profiles Name Mindfulness teacher/trainer at Liz Hall Coaching & Mindful I'm the author of Mindful Coaching (Kogan Page, 2013), practice mindfulness

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